

Instructions for Carac Cream Use:

For best results, it's very important that you complete your full Carac treatment as prescribed.

While using/applying Carac you may experience irritation. This can include but is not limited to, redness, burning, inflammation, scabbing, itching, scaling/peeling and sometimes slight swelling. However, your individual response may vary and sometimes no reaction may occur. This is normal and will generally decrease in intensity and resolve after treatment

How to apply:

- Carac cream should be applied just before bedtime.
- Make sure the area to be applied is clean and dry.
- Apply Carac with a glove or q-tip
- Apply a **thin** layer of Carac cream only to affected area
- Do not get Carac in the eyes
- Do not cover the site(s) with a bandage
- After applying Carac wash your hands.
- Wash the affected area the next morning in shower



Directions:

Apply to affected area ____ a week for ____ weeks.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
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Southern Tier Dermatology, 200 Plaza Drive Vestal, NY
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Instructions for Aldara Cream Use:

For best results, it's very important that you complete your full Aldara treatment as prescribed.

Results may vary from person to person. You can expect to experience redness, itching, flaking, slight swelling, or scabbing on or around affected are during the course of treatment. These skin reactions are normal, and generally decrease in intensity and resolve after treatment is completed.

How to apply:

- Aldara cream should be applied just before your bedtime.
- Make sure the area is clean, or wash the area to be treated
- Allow the area to dry
- Either wash your hands or apply with a q-tip
- Apply a **thin** layer of Aldara cream only to affected area
- Do not get Aldara in the eyes
- Do not cover the site with a bandage
- After applying Aldara, wash your hands
- Wash off the next day or in daily shower in the morning



Directions:

Apply to affected area ____ a week for ____ weeks.

Mon	Tue	Wed	Thur	Fri	Sat	Sun
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