

After Surgery:

What to Expect; slight swelling, tenderness and mild redness at the surgical site. There can also be a clear to slightly blood tinge drainage from the area, this is normal. Minimal amount of bleeding may occur, also normal. You may also experience some mild pain or discomfort at the surgical site.

Pain can be controlled with EXTRA STRENGTH TYLENOL.

If at anytime you may have a question or concern please contact the office.

To reduce complication we advise you to:

Limit your activities for 24 hours

Keep your bandage dry

Keep the operative site elevated if possible

If surgery was on the face, head or Neck

*Avoid stooping or bending

*Avoid straining

*Sleep with your head and shoulders elevated

If bleeding occurs apply firm constant pressure on the bandage for 20 minutes!!!!

(Do Not Peek!!) This action will usually stop minor bleeding.

IF THE BLEEDING DOES NOT STOP, CALL THE OFFICE IMMEDIATELY 607-729-2777

Infection rarely occurs when wound care instructions are followed: if you think that the area is infected please contact the office 607-729-2777 and ask to speak to a medical assistant.

CARING FOR YOUR WOUND:

If you have a pressure dressing allow to be left on for 48- hours - then remove and follow the instructions below

If you have steri-stripes under your bandage, you will do nothing until your next appt.

If the steri-stripes fall off prior to your appointment, please follow the instructions below to care for your wound daily.

Wash your hands with soap and water

Cleanse surgical site gently with soap and water

Apply a thick layer of Vaseline / Bactroban (as prescribed) to surgical wound using a Q-Tip

Cover with clean dry dressing/change daily until post surgical appointment

Follow up: _____

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